



# WHAT IS THE DIFFERENCE BETWEEN EVIDENCE-INFORMED AND EVIDENCE-BASED?

## EVIDENCE-INFORMED

The information and statistics shared are all based on research that has completed the evidence-based process. Willing to Wait curricula are evidence-informed.

## EVIDENCE-BASED PROCESS

A research study process that includes a test group and control group with findings that are peer-reviewed and published. The most rigorous processes would include both quantitative and qualitative measuring tools and time intervals for short and long-term results. Data separation, conflict of interest, participants' demographic proximity, multiple question types, replicable research environment, the statistical significance of findings, and high outcome expectations are all considerations of a quality research study. Willing to Wait Middle School program is on track to become evidence-based.

Sample steps of an evidence-based research project:

- 1) COMPLETE PROGRAM LOGIC MODEL
- 2) CHOOSE THIRD-PARTY EVALUATOR
- 3) IDENTIFY CONSTRUCTS TO MEASURE
- 4) CONDUCT FOCUS GROUPS
- 5) INSTITUTIONAL REVIEW BOARD (IRB) APPROVAL OR EXEMPTION
- 6) CONTRACT A FIELD COORDINATOR
- 7) CONDUCT PILOT SURVEYS
- 8) FINALIZE SURVEY TOOL (OR ALTERNATIVE ASSESSMENT)
- 9) IDENTIFY PARTICIPANT GROUPS AND CONTROL GROUPS
- 10) CONDUCT RESEARCH (short term and long term)
- 11) ANALYZE DATA
- 12) RESULTS DOCUMENTED AND PUBLISHED